

**Changing the world...
one man at a time!**

You don't have to go it alone!

Courageous Choices



Men's Program

**Leading men into their true identity
to reach their purpose and potential.**

For information, call/text 607-205-8506 or email
Matthew at mensprog@lifechoicescenter.org

What we offer:

➤ **One-on-one mentoring**

➤ **Parenting classes**

(Evidence-based & Broome County Family Court approved)

➤ **Doctor Dad course**

(self-paced, online course for new & expectant fathers)

➤ **Alternatives to Domestic Violence program**

(mandated or by self-referral)

➤ **Material resources**

All services are FREE & CONFIDENTIAL!



**Make the Courageous Choice
to become your very best!**

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Matthew, our Men's Program Director,
at mensprog@lifechoicescenter.org**